

safe • clean • personal

Colonoscopy / Sigmoidoscopy aftercare



Turnberg Building
Endoscopy Unit
0161 206 5959



If you have had sedation for the examination

Please do not drive your car, operate machinery, drink any alcohol, or sign any legally binding agreements for 24 hours after your examination. **Go home today and rest.**

You may feel a little bloated with air but this usually settles quite quickly.

- If you have had colonic biopsies (a small sample of the lining of the bowel)

or

- Polyps have been removed from your bowel

you may notice a slight blood loss from your back passage or when you open your bowels. This is nothing to worry about and is quite normal.

However, if you experience any severe abdominal pain, black mushy stools, constant or heavy bleeding you should seek urgent medical attention at your nearest accident & emergency department.

If you have any problems other type of problem following your procedure please contact:



8:30am to 5:00pm

Endoscopy Unit



0161 206 5959



After 5:00pm & Weekends

Majors Area, Emergency Dept



0161 206 4848

Ask to speak to the doctor or the advanced nurse practitioner

Details of the results and any necessary treatment should be discussed with your General Practitioner (GP). Your GP will be sent a copy of your endoscopy report immediately following your endoscopy. Please allow 4 working days for the post before contacting your GP.

© G17090601W. Design Services
Salford Royal NHS Foundation Trust
All Rights Reserved 2017
This document **MUST NOT** be photocopied

Information Leaflet Control Policy:

Unique Identifier: MED45(17)
Review Date: November 2019

Salford Royal **NHS**
NHS Foundation Trust

University Teaching Trust

safe • clean • personal

For further information on this leaflet, it's references and sources used, please contact **0161 206 5959**.

Copies of this information are available in other languages and formats upon request. In accordance with the Equality Act we will make 'reasonable adjustments' to enable individuals with disabilities, to access this treatment / service.

If you need this interpreting please telephone

Polish

Jeżeli potrzebne jest Państwu to tłumaczenie, proszę zadzwonić pod numer.

Urdu

اگر آپ کو اس ترجمانی کی ضرورت ہے تو مہربانی کر کے فون کریں۔

Arabic

إذا كنتم بحاجة الى تفسير او ترجمة هذا الرجاء الاتصال

Chinese

如果需要翻译，请拨打电话

Farsi

اگر به ترجمه این نیاز دارید ، لطفاً تلفن کنید

☎ 0161 206 0224

Email: InterpretationandTrans@srft.nhs.uk

Salford Royal operates a smoke-free policy.

For advice on stopping smoking contact the Hospital Specialist Stop Smoking Service on 0161 206 1779

Salford Royal NHS
Foundation Trust
Stott Lane,
Salford,
Manchester,
M6 8HD

Telephone
0161 789 7373
www.srft.nhs.uk

If you would like to become a Foundation Trust Member please visit:

www.srft.nhs.uk/for-members

If you have any suggestions as to how this document could be improved in the future then please visit:

<http://www.srft.nhs.uk/for-patients>