

Deep brain stimulation general discharge information for patients post surgery



Hope Building
Ward H7
0161 206 4610



Health & care
information
you can trust

The Information Standard

 Certified
Member

- You will be discharged from ward H7

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- The ward staff will ensure you have a district nurse referral for the removal of your sutures 5 days post surgery (if this falls on a weekend it will be the Monday). Sutures help the wound to close immediately after surgery.

Please remember you have sutures behind your ear and note you do not have any in your chest wound to remove. The dressing can usually be removed from your chest wound (inclusive of steri-strips) at the same time as your suture removal. If unsure, please ask your District Nurse to assess all wounds

- If you wear glasses, please take extra care with the wound site behind your ear, until healed. This can often irritate the wound whilst healing. This might be uncomfortable for you also
- You are advised if washing your hair, not to rub the wound harshly and to avoid any friction around this site when drying whilst the wound is healing
- You will have received a letter from Lucy Partington-Smith detailing your date to visit ward PIU for your initial programming of your stimulator. If you have not received this, please let your Specialist Nurse know this so that they can confirm the date for you prior to discharge

- If you take any Anti Parkinson medication, unless otherwise instructed, continue to take these post surgery at the same time and at the same dose prescribed
- It is usual for some patients to experience some immediate post operative discomfort (pain after surgery). If you require any analgesia post surgery (pain relief) for this discomfort we recommend Paracetamol 1g 4-6 hourly in the first instance
- You are advised not to drive for approximately 4-6 weeks post surgery to allow your chest wound to heal. Please inform / update the DVLA

- You will be given a patient programmer upon discharge. This is a device to help you be independent in managing your symptoms (we will explain this to you once you come for your programming session in greater detail). This is to be kept with you until you see Lucy Partington-Smith at your initial programming visit, following this visit he will explain what to do with this in the future
- An ID card will be issued to you from Medtronic with your battery identification information. It will be posted to your home within a few weeks post surgery. You will need this to show airport security as you will not be able to pass through the airport scanner post DBS surgery

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For further information on this leaflet, it's references and sources used, please contact **0161 206 4610**.

Copies of this leaflet are available in other formats (for example, large print or easyread) upon request. Alternative formats may also be available via www.srft.nhs.uk/for-patients/patient-leaflets/

In accordance with the Equality Act we will make reasonable adjustments to enable individuals with disabilities to access this service. Please contact the service/clinic you are attending by phone or email prior to your appointment to discuss your requirements.

Interpreters are available for both verbal and non-verbal (e.g. British Sign Language) languages, on request. Please contact the service/clinic you are visiting to request this.

If you need this information leaflet translated, please telephone:

Polish

Jeżeli potrzebne jest Państwu to tłumaczenie, proszę zadzwonić pod numer.

Urdu

اگر آپ کو اس ترجمانی کی ضرورت ہے تو مہربانی کر کے فون کریں۔

Arabic

إذا كنتم بحاجة الى تفسير او ترجمة هذا الرجاء الاتصال

Chinese

如果需要翻译，请拨打电话

Farsi

اگر به ترجمه این نیاز دارید ، لطفاً تلفن کنید

0161 206 0224

or Email:

InterpretationandTrans@srft.nhs.uk

Salford Royal operates a smoke-free policy.

For advice on stopping smoking contact the Hospital Specialist Stop Smoking Service on 0161 206 1779

This is a teaching hospital which plays an important role in the training of future doctors. The part patients play in this process is essential to make sure that we produce the right quality doctors for all of our futures. If at any time you would prefer not to have students present please inform the doctor or nurses and this will not affect your care in anyway.

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